



WE WANT YOU ON OUR TEAM!

3445 Simpson Ferry Rd, Camp Hill PA 17011

Blitz45 Functional Training Studio is seeking Fitness Instructors to join our team! The ideal candidate thrives in a fast-paced environment, is committed to health and fitness, and instructs a motivating, informative and safe group functional training class. Full-time and Part-time positions open.

Responsibilities:

- Orient new participants and assist members with questions.
- Instruct groups of individuals in fitness activities
- Offer support to help clients achieve their fitness goals
- Demonstrate proper form and technique
- Develop and implement specialized training programs for clients
- Ensure fitness programs are effective, safe, and fun
- Attend coach training and staff meetings.
- Maintain current CPR and industry certifications, continuing training and education.
- Maintain healthy outlook and appearance.

Qualifications:

- Previous experience as a personal trainer or in other related fields
- Ability to train at all fitness levels
- Passion for health and fitness
- Ability to build rapport with clients
- Ability to thrive in a fast-paced environment
- Ability to sell memberships/personal training, or willing to learn to sell

Blitz45 is a locally owned national franchise that has taken two of the top industry trends - Group Training and Personal Training - and blended them into one, creating a unique and exciting Functional Training Studio. Join our fitness family - be an inspiring personal trainer and motivate our clients to allow their health to take priority and improve their lives. We are a brand-new functional fitness studio with great growth potential - get in on the ground floor and grow with us!